

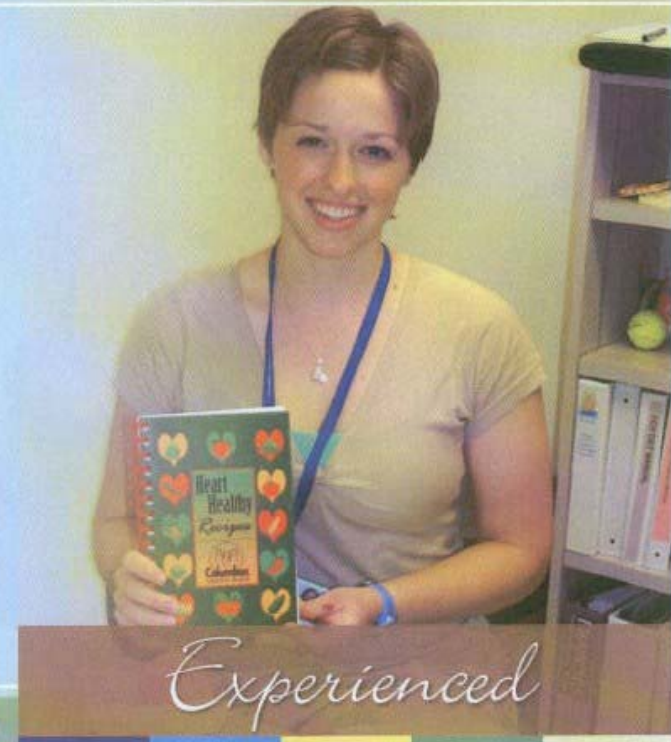
# HEALTHY HOLIDAY EATING

Learn eating tips for Thanksgiving, holiday parties, beverage tips, lowering calories in desserts and much more.

Presented By: Rachel Adler, Registered Dietician  
at Columbus Community Hospital

**Sun Prairie Public Library**  
**6:00 p.m. • Tuesday, November 11**

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